

Complete Packing List: 45 Essentials Men Must Have

Bags & Organizers

- ☐ Luggage >> [Osprey Farpoint](#)
- ☐ Daypack >> [Osprey Quasar](#)
- ☐ Belt bag >> [Lululemon Everywhere Belt Bag](#)
- ☐ Toiletry bag >> [Maliton Hanging Toiletry Bag](#)
- ☐ Gadget Pouch >> [Peak Design Tech Pouch](#)
- ☐ Dry bag >> [Osprey Ultralight 20L](#)
- ☐ Backpack raincover >> [Frelaxy Hi-Visibility Raincover](#)
- ☐ Compression packing cubes >> [Cipway Compression Packing Cubes](#)
- ☐ TSA-approved padlock >> [Diyife 3-digit travel padlock](#)

Productivity & Tech

- ☐ Laptop >> [14" Apple 2021 MacBook Pro](#)
- ☐ iPad >> [11" Apple iPad Pro](#)
- ☐ Docking station >> [Anker USB-C Hub Adapter](#)
- ☐ Portable charger >> [Baseus Power Bank](#)
- ☐ [3 in 1 USB cable](#)
- ☐ Wireless mouse >> [Logitech MX Anywhere 2S Wireless Mobile Mouse](#)
- ☐ E-reader >> [Kindle](#)
- ☐ Smartphone
- ☐ Another unlocked phone
- ☐ Earpods or headphones >> [Apple AirPods Pro \(2nd Gen\)](#)
- ☐ Plug adaptor >> [Kipston 4 in 1 Universal Travel Adapter](#)
- ☐ laptop stand >> [Roost Laptop Stand](#)
- ☐ Keyboard >> [Logitech MX Keys Mini Laptop Stand](#)

Clothing

- ☐ 7 Underwear >> [SAXX Underwear](#)
- ☐ Packable Jacket >> [Columbia Delta Ridge Down Jacket](#)
- ☐ Rain Jacket >> [Outdoor Research Helium Rain Jacket](#)
- ☐ 5 T-shirts >> [Smartwool Unisex Adult Merino Sport Tee](#)
- ☐ 2 Shorts >> [Columbia Kestrel Trail Omni-Wick UPF 50 Shorts](#)
- ☐ 1 Light Joggers >> [Columbia Mens Tech Trail Knit Jogger](#)
- ☐ 1 Pair of Pants >> [Lululemon Men's ABC Pant Classic 34L](#)
- ☐ 1 Swimsuit >> [SAXX Swim Trunks](#)
- ☐ Sunglasses >> [Rayban's Classic Aviator Sunglasses](#)

- ☐ Portable towel >> [Sea to Summit Portable Pocket Towel](#)
- ☐ Cap or Hat >> [THE NORTH FACE Class V Camp Hat](#)

Footwear

- ☐ Socks >> [Smartwool Socks](#)
- ☐ Sandals >> [BIRKENSTOCK Arizona Essentials EVA](#)
- ☐ Sneakers >> [New Balance Men's Fresh Foam X 1080 V12](#)

Toiletries and Personal Care

- ☐ Deodorant >> [Crystal Body Deodorant Travel Size](#)
- ☐ Grooming Kit >> [German-made Manicure/Pedicure Set](#)
- ☐ Floss
- ☐ Travel Bottles for Liquids >> [HumanGear GoToob+Travel Storage Container](#)
- ☐ Sunscreen >> [Banana Boat Sport Ultra SPF 30 Sunscreen Lotion](#)
- ☐ Bug spray >> [Natrapel 6-Hour Mosquito, Tick and Insect Repellent Pump Spray](#)
- ☐ Lotion >> [Jergens® Travel Size Ultra Care Moisturizer](#)
- ☐ Lip Balm >> [Aquaphor Lip Repair Lip Balm CA US](#)
- ☐ Toothbrush & Toothpaste >> [Quip Electric Toothbrush](#)
- ☐ Shampoo >> [J·R·LIGGETT'S All-Natural Shampoo Bar](#)
- ☐ Soap Bar Case >> [FlatPak Soap Bar Case](#)
- ☐ Hand sanitizer >> [X3 Clean Germ Attack Foaming Hand Sanitizer](#)

Others

- ☐ Passport
- ☐ Health insurance information
- ☐ Credit card
- ☐ Collapsible water bottle >> [Hydrapak Stash – Collapsible BPA & PVC Free Water Bottle](#)
- ☐ STERIPEN >> [SteriPEN](#)
- ☐ Headlamp
- ☐ Reusable bag
- ☐ Earplugs
- ☐ Eyemask
- ☐ Collapsible reusable container
- ☐ Spork
- ☐ First aid kit